

TOOLBOX TALKS

The Upside of Safety



Aerial Lifts - Fall Restraint

A body harness is required to be worn when operating a boom lift. In order to ensure that the operator and passenger(s) do not get ejected out of the lift, the body harness should be paired with a fall restraint or self retracting lifeline.

Fall Restraint



- Choose a short lanyard (approximately 3 feet) that will ensure you stay in the operators basket even when maneuvering through rough terrain.
- The lanyard should be short enough that you can't possibly get outside of the basket.

SAFE TO USE

Self Retracting Lifeline (SRL)



- Because an SRL locks up when there is any sudden jerking movements, it will ensure that the operator does not get ejected out of the basket.
- Check with the manufacturer recommendations to verify that the SRL model you are using can be used at foot level and in aerial lifts. Some SRL's can only be used with an overhead anchorage.

6 Foot Lanyard



- Do not use lanyards that are 6 foot or longer. The boom can act as a catapult when driving over bumps or uneven terrain. 6 foot lanyards or longer wouldn't prevent the operator and passenger(s) from getting ejected out of the basket

DO NOT USE



Remember:

Each aerial lift will have specific certified anchor points where you can attach your lanyards to. **DO NOT TIE OFF TO THE GUARDRAILS.** The anchor points are designed specifically to adequately restrain a person from falling.

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✓ SAFETYCHECK

Does your lift require a body harness?

Is your lanyard short enough to prevent you from being ejected?

Did you inspect your fall equipment?

Have you located your lifts anchor points?

Company:

Location:

Presenter:

Date:

ATTENDANCESHEET

