# **TOOLBOX TALKS**

The Upside of Safety



### **Defensive Driving**

Human behaviors such as wrong decisions or indecision, accounts for 95% of vehicle accidents. We as drivers can control our behaviors at the wheel, but we cannot control the behaviors of other drivers around us. To avoid accidents, follow these simple rules of defensive driving:

- 1. Always drive like you are being followed by a police officer.
- 2. Always assume the other driver isn't driving safely and BE READY FOR THEM.

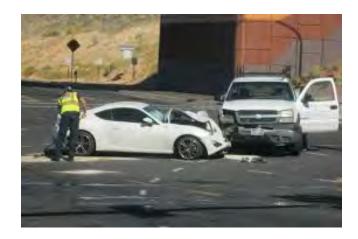


#### **Driver Distractions**

Drivers are distracted now more then ever before. Between drivers being on cell phones, hand-held, and/or hands free devices, never assume that another driver is paying attention to you. When using these systems, a driver can miss seeing 50% of what is around them.

### Things to Remember

- 1. Never drive distracted keep your eyes and mind on the road.
- Don't tailgate keep your following distance at least 3 to 6 seconds behind the vehicle in front of you.
- 3. Scan 15 seconds ahead for hazards and be ready for it (slow down, change lanes, etc.)
- 4. Leave yourself an out don't follow too close or be in another drivers blind spot.
- When at an intersection, stop sign, or stop light, don't assume the other vehicles can see you or are paying attention - proceed with caution and be ready for them.



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SAFETYCHECK	
Are distractions eliminated - Cell Phones in "drive mode"?	Are seat belts worn by all occupants while in your vehicle?
Do you scan 15 seconds ahead for potential hazards?	Do you maintain a following distance of at least 3 seconds?
Company:	Location:
Presenter:	Date:
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	O P E N H O U S E I D E A S - 3