

TOOLBOX TALKS

The Upside of Safety



Defensive Driving

Human behaviors such as wrong decisions or indecision, accounts for 95% of vehicle accidents. We as drivers can control our behaviors at the wheel, but we cannot control the behaviors of other drivers around us. To avoid accidents, follow these simple rules of defensive driving:

1. Always drive like you are being followed by a police officer.
2. Always assume the other driver isn't driving safely and **BE READY FOR THEM.**



Driver Distractions

Drivers are distracted now more than ever before. Between drivers being on cell phones, hand-held, and/or hands free devices, never assume that another driver is paying attention to you. When using these systems, a driver can miss seeing 50% of what is around them.

Things to Remember

1. Never drive distracted - keep your eyes and mind on the road.
2. Don't tailgate - keep your following distance at least 3 to 6 seconds behind the vehicle in front of you.
3. Scan 15 seconds ahead for hazards and be ready for it (slow down, change lanes, etc.)
4. Leave yourself an out - don't follow too close or be in another driver's blind spot.
5. When at an intersection, stop sign, or stop light, don't assume the other vehicles can see you or are paying attention - proceed with caution and be ready for them.



