

TOOLBOX TALKS

The Upside of Safety



Ladder Set Up - Securement

Ladders shifting during use are one of the leading causes of workers falling. When setting up your ladder, it must be secured at the top, base, or both. The method for securing the ladder will be dependent on the type of surface your ladder will be set up on (hard or soft) and the materials that you have available.



The top of the ladder should be secured either by a ladder securement device (like shown in the picture) or by tying the ladder to the roof using ropes or adjustable tie-downs.

On hard flat surfaces, your ladders rubber feet should be turned so that they are flat on the ground. The bottom of the ladder can be secured by using ropes, adjustable tie downs, or placing a heavy object at the base of the ladder to prevent kick-out.

If the options stated above are not feasible, a fellow coworker can hold onto the base of the ladder to keep it secure while the other secures the ladder at the top.



On soft ground surfaces, such as mud, rock, or gravel, rotate your ladders feet so that the rugged edges of the feet are pointing towards the ground. **Push the feet into the ground to secure the ladder.**

For additional support use ropes or adjustable tie downs.

